

# Thanksgiving My Plate

Help Chef Solus make a balanced meal for Thanksgiving.

Draw a line and match each food with the right food group.

Then color the page!

From Left to Right:

- |           |                 |
|-----------|-----------------|
| bread     | grains group    |
| pumpkin   | vegetable group |
| potato    | vegetable group |
| pear      | fruit group     |
| milk      | milk group      |
| macaroni  | grain group     |
| turkey    | meat/bean group |
| apple     | fruit group     |
| ice cream | milk group      |
| beans     | bean group      |

