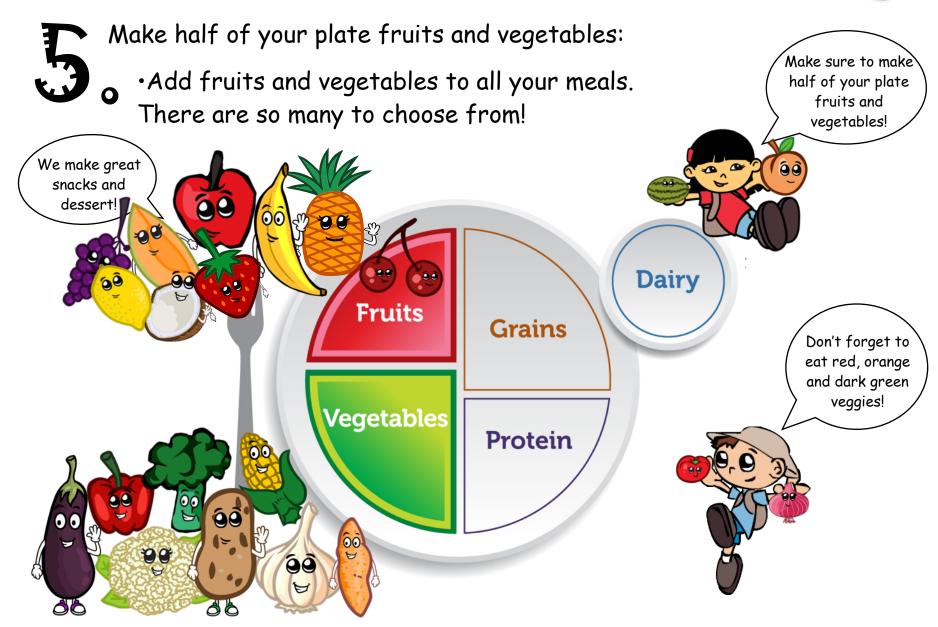
Chef Solus 10 Tips to a Healthy MyPlate - Tip #5





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