



I agree to be an EAT-SMART kid.

As an EAT-SMART kid, I pack my backpack with healthy snacks like nuts, fruit and carrots sticks. There are so many healthy snacks to choose from. The best part is that healthy snacks give me nutrients and energy so I am ready to do all kinds of fun things.

Parent's Name

Child's Name



chefSolus.com

Agreement

